

# Timberwolf Times

Issue #8

February 13, 2020

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## News

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### February is Black History Month!



#### Recognizing Black History: February 1 – 29

Every February, Canadians are invited to participate in Black History Month festivities and events that honour the legacy of Black Canadians, past and present.

The commemoration of Black History Month dates back to 1926, when Harvard-educated African American historian Carter G. Woodson proposed setting aside a time devoted to honour the accomplishments of African Americans and to heighten awareness of Black history in the United States. This led to the establishment of Negro History Week in 1926. Celebrations of Black history began in Canada also shortly thereafter. During the early 1970s, the week became known as Black History Week. It was expanded into Black History Month in 1976.

#### Pink Day: A Canadian Celebration on February 26

Pink Day was established in 2007 after a pair of students, David Shepherd and Travis Price, saw one of their fellow students at Central Kings Rural High School in Nova Scotia, being bullied for no other reason than that they were wearing a pink shirt.

In a stroke of brilliance, these two got together and decided to show support for the student and take a stand against bullying by getting everyone at their school to wear a pink shirt the next day. Pink Day was created to increase awareness about all bullying and spread understanding, and it's a concept spreading throughout the world which started in Nova Scotia, Canada.

Please join in **wearing pink** on Wednesday, February 26, as we all participate in this important event.

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### *A Message from the Principal*

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#### **Dressing for cold weather**

As the weather improves and the days grow longer, students still need to dress for the sudden changes in the weather. Be prepared for the muddy fields by **bringing a spare set of clothes** to keep in the classroom.

## **Absences and Lates**

We appreciate that parents are calling in and leaving messages on the Early Warning Student Absence line. And we owe a huge thank you to the parent volunteers whom do the late slip in the office each school day!



It is very important that students arrive on time for school and are ready to learn. Being late consistently makes the morning start up for the student very difficult and is disruptive to the class. By being on time students are practicing the important lesson of time management. However, being that our students are still young they need parental support to reinforce being to school on time, except for those rare unavoidable occasions.

## **Family Day Long Weekend**

Enjoy the FAMILY DAY Long Weekend on Monday February 17 and all staff and students will return to school on Tuesday, February 18.

Also, **EARLY DISMISSAL** on Thursday, February 20 at noon for Student Conferences. Teachers are setting conference schedules for these important mid-year discussions. **Your child will be bringing home their own personal conference time.**

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## *PAC Announcement*

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**Talmey PAC is hosting a fun night of dancing!**

There will be plenty of music, food, and fun!

**Snack Shack** will be open with some special treats.

**Date: Friday, February 28**

Time: 6:30 - 8:00 pm @ Talmey Gym



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## *What's Happening at Talmey*

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- **Friday, February 14 (no school)**

*Professional Development Day and the students do not attend*

- **Monday, February 17 (no school)**

*Family Day in British Columbia and all schools are closed for this day holiday.*

- **Wednesday, February 19**

***\$1 Chips for Sale – Me TO We fundraiser***

Bring your loonie!!

All money raised will go towards the Me to We Team's fundraising efforts.

Thank you for your support!



**- Thursday, February 20 <<Early Dismissal at 12:00 noon>>**

*Communicating Student Learning - Term 2*

To facilitate teacher/student/parent communication the District provides an early dismissal for such communication conferences. Classroom teachers will be sending home conference confirmation letters prior to this date. We encourage all parents to take advantage of this important time to discuss their child's program. Of course, teachers are always available to discuss with their parents about the student's program at any time. Please contact the teacher as necessary.

**- Wednesday, February 26**

*Pink Day*

Wear Pink on Wednesday, February 26.

This marks five years of connection and belonging to ERASE bullying in the Province.



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*District & Office News*

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## Helping Keep Everyone Healthy

**Public Health advice for students and families : Novel Coronavirus**

- Students or staff returning from Hubei Province, China consider staying home for 14 days after they left Hubei. They should monitor themselves daily for symptoms like fever or cough. Parents should assist children as needed. Those who develop symptoms, should stay home and call their health-care provider or 8-1-1 to discuss any need for testing and follow up.
- Students or staff, who have been in close contact with someone who has been diagnosed with 2019-nCoV should consider staying home for 14 days after their last encounter. Individuals should monitor themselves daily for symptoms like fever and cough. Parents should assist children as needed. Those who develop symptoms should stay home and call their health-care provider or 8-1-1 to discuss any need for testing and follow up.
- Students or staff who have been in other parts of China (outside Hubei Province) should monitor themselves daily for symptoms like fever or cough for 14 days. Parents should assist children as needed. Those who develop symptoms should stay home and call their health-care provider or 8-1-1 to discuss any need for testing and follow up.

A new toll-free phone number (1 833 784-4397) has been established to answer questions from Canadians about the 2019 novel coronavirus. Service is available from 7 a.m. to midnight EST. Anyone who is concerned they may have been exposed to, or are experiencing symptoms of, the coronavirus should contact their primary care provider, local public health office, or call 8-1-1.

# PROTECTING YOURSELF AGAINST CORONAVIRUS



1. Avoid close contact with anyone showing symptoms of respiratory illness

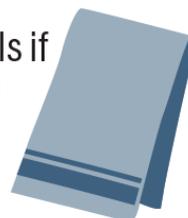


2. Wear gloves, wash or change them daily



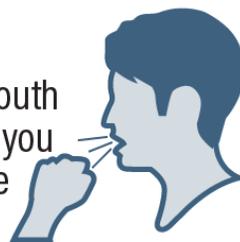
3. Wash your hands

4. Wash your towels if they have touched your hands



5. Avoid touching doorknobs and banisters

6. Cover your mouth and nose when you cough or sneeze



7. Wear a surgical mask. They are, however, not that effective and must be changed daily

8. Cook food thoroughly



**Sick? Not feeling well? Please stay at home**

In an effort to not to make others sick, **we ask that you do not send your children to school when they are sick.** The chart below will provide you with some guidelines about when children should stay home.



## I Need to Stay Home if...



I have a <b>Fever</b>	I am <b>Vomiting</b>	I have <b>Diarrhea</b>	I have a <b>Rash</b>	I have <b>Head Lice</b>	I have an <b>Eye Infection</b>	I have been in the <b>Hospital</b>
Temperature of 100°F or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or "crusty" discharge from eyes	Hospital stay and/or ER visit

## I am Ready to Go Back to School When I am...

Fever free for 24 hours without the use of fever reducing medication.	Free from vomiting for at least 2 solid meals without the use of medications.	Free from diarrhea for at least 24 hours without the use of medications.	Free from rash itching or fever and evaluated by doctor if needed.	Treated with appropriate lice treatment at home and proof is provided to nurse.	Eye has returned to normal or have a note from doctor to return to school.	Released by my medical provider to return to school.
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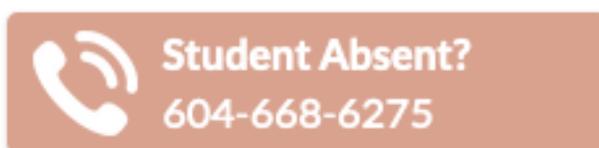


It's cold and flu season. Proper handwashing is the best way to prevent the spread of a virus. Use soap and warm water to scrub your hand for at least 20 seconds. **If your child has been vomiting, please keep the child at home for 48 hours after the symptoms have stopped.** Some viruses can be very contagious

### Going on Vacation? Call School!

It is all about safety. In Richmond schools, we phone parents **(who have not called us)** to find out whether your child / children are at home or are away. This is to ensure that children, who set out for school in the morning, arrive safely. If you phone us the night before an absence or early the morning of an absence, we will not phone you - it makes our job so much easier and it reduces the number of homes we have to phone. In the case of an emergency, having many homes to phone may put a child's well-being at risk.

If we phone you at home, you now know and understand the reason why. Thank you for taking the time to phone us when your child is going to be away (604) 668-6275 (Option 1).



## Parent info sessions

### CHILDREN COUNT TOO!

*An Anger Management Group for Children and Caregivers*

This FREE supportive, educational, and fun **parent-child** group will help both children and their caregivers better understand their anger and learn positive and healthy ways of expressing this feeling.

This 6 session program will:

- Provide a safe place for both children and caregivers to learn to talk about his/her anger and other feelings
- Help children and their caregivers to identify their anger triggers
- Help parents to assist their children to express anger in safe and healthy ways
- Provide opportunities for parents to practice the skills with their children in the group

**Ages 7-9:** Wednesdays, May 6, 13, 20, 17, Jun 3 & 10, 2020

**Time:** 4:30 - 6:00 PM

**Location:** Richmond Caring Place, 7000 Minoru Blvd, Room 340

**Facilitator:** Sze Oi, Lau, Child, Youth & Family Counselor  
Kit Lam, Child, Youth & Family Counselor

To register, please call:

Kit Lam @  
604-279-7095

Sze Oi Lau @  
604-279-7094 ext. 2



### LEARN & SHARE

Dental Health and Hygiene for Young Children  
儿童的牙齿健康与卫生



United Way Avenues of Change presents a Learn & Share event on "Dental Health and Hygiene for Young Children" in English with Mandarin translation for families with young children living in Richmond. Richmond Public Health Dental Program staff will talk about the importance of oral health, stages of children's teeth development, and free dental resources including Vancouver Coastal Health's dental health services for children 0-5 years. Come and find out tips about keeping your child(ren)'s teeth and gums healthy, and learn fun ways to help your child(ren) brush teeth.

**Wednesday, March 11, 2020, 10:00 am to 11:30 am**

**Brighthouse Library Kids' Place (100-7700 Minoru Gate, Richmond)**

儿童的牙齿健康与卫生

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*Calendar*

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Event	Day	Date
<b>Pro-D Day (no school)</b>	<b>Friday</b>	<b>2020-02-14</b>
<b>BC Family Day (no school)</b>	<b>Monday</b>	<b>2020-02-17</b>
<b>Conferences - Early Dismissal 12:00</b>	<b>Thursday</b>	<b>2020-02-20</b>
<b>Pink Shirt Day</b>	<b>Wednesday</b>	<b>2020-02-26</b>
<b>PAC Dance Party (18:30-20:00)</b>	<b>Friday</b>	<b>2020-02-28</b>
<b>Library Conference</b>	<b>Friday</b>	<b>2020-03-13</b>
<b>Spring Break Begins (no school)</b>	<b>Monday</b>	<b>2020-03-16</b>
<b>School Re-Open</b>	<b>Monday</b>	<b>2020-03-30</b>
<b>Marathon Kick-Off</b>	<b>Monday</b>	<b>2020-03-30</b>
<b>Immunization</b>	<b>Thursday</b>	<b>2020-04-09</b>
<b>Good Friday (no school)</b>	<b>Friday</b>	<b>2020-04-10</b>
<b>Easter Monday (no school)</b>	<b>Monday</b>	<b>2020-04-13</b>
<b>Ramadan Begins</b>	<b>Thursday</b>	<b>2020-04-23</b>
<b>Welcome to Kindergarten 9:30</b>	<b>Wednesday</b>	<b>2020-05-13</b>
<b>Pro-D Day (no school)</b>	<b>Friday</b>	<b>2020-05-15</b>
<b>Victoria Day (no school)</b>	<b>Monday</b>	<b>2020-05-18</b>
<b><i>Last Day of Ramadan</i></b>	<b><i>Sunday</i></b>	<b><i>2020-05-24</i></b>
<b>Fun Day</b>	<b>Friday</b>	<b>2020-06-05</b>
<b>Talent Show</b>	<b>Wednesday</b>	<b>2020-06-17</b>
<b>Last Day of School</b>	<b>Wednesday</b>	<b>2020-06-24</b>
<b>Pro-D (no school)</b>	<b>Thursday</b>	<b>2020-06-25</b>
<b>Admin Day (no school)</b>	<b>Friday</b>	<b>2020-06-26</b>