



TIMBERWOLF TIMES

ISSUE #10

JAN 16, 2026



FROM OUR LEADERSHIP TEAM

Welcome to 2026! We enjoyed welcoming everyone back to school last week.

We have started the planning process for next school year. Last week you should have received an **'Intent to Return' form**. This form helps us establish our projected registration for the fall of 2026. Please return these forms to your child's teacher or to the office as soon as possible. Thank you!

During the first week of January, we welcomed an instructor from the Young Actors Program. Hayden has been visiting classes to help students practice drama, public speaking and performance skills. We thank our PAC for funding this opportunity. We have included a few photo highlights below as well as student feedback.

Family Literacy Week is coming up soon! Please see attached and below for more info. We will be inviting students to join us for two **Warm Up with a Book events!** These are planned before school starts-at 8:15am on **Tuesday, January 27th** and **Friday, January 30th** Students can bring a book to read or borrow one from our library and enjoy a cup of hot chocolate!

TALMEY OFFICE REMINDER

IF YOUR CHILD(REN) WILL BE AWAY FROM SCHOOL, PLEASE EMAIL talmey@sd38.bc.ca OR CALL THE OFFICE TO ADVISE US OF THEIR ABSENCE.

TALMEY PHONE:
604-668-6275
OPTION 1

SPRING BREAK



MONDAY, MAR 16-
FRIDAY, MAR 27

School will re-open on
Monday, March 30

JAN - FEB CALENDAR

FRI, JAN 16	Hot Lunch Day
THUR, JAN 22	Brrr Sweater Day
FRI, JAN 23	Pro-D Day(no school)
TUE, JAN 27	Popcorn Day
FRI, JAN 30	Hot Lunch Day
FRI, FEB 6	Hot Lunch Day
TUE, Feb 10	Popcorn Day
THUR, FEB 12	Early Dismissal @11:50 am
MON, Feb 16	BC Family Day(no school)

LEARNING HIGHLIGHTS



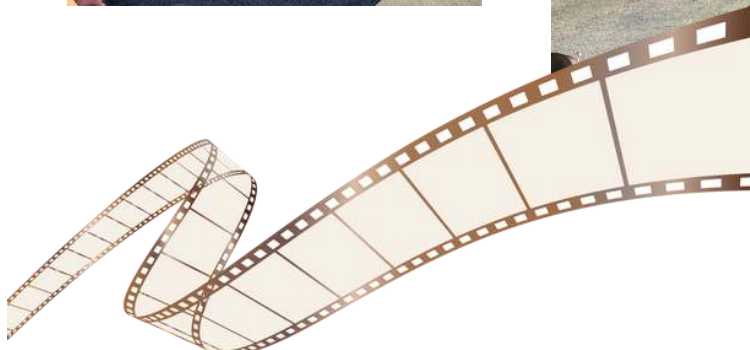
YOUNG ACTORS PROGRAM- DRAMA LESSONS

Thank you to our PAC for funding these lessons!

The movement and acting gave me confidence to think that I could try new things! Gr. 5, Div. 7

The instructor, Hayden, has SO MUCH ENERGY!
- Talmey teachers

I really liked drama class with Mr. Hayden. It helped me overcome my fear of talking in front of the class! Gr.5, Div 7

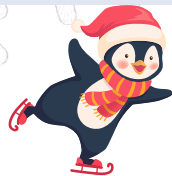


TALMEY EVENTS



SKATING FIELD TRIPS FOR ALL CLASSES

FEBRUARY



We are thrilled to be going to the Minoru Ice Arena for skating sessions! The school will be divided into four groups and each class will attend one session. The sessions are 10:45-11:45 AM on Feb. 3, 11, 18 and 24. We thank our PAC for their generosity in funding this special event. More information will soon be available to let you know which one of these days your child is skating.

UPCOMING LION DANCE PERFORMANCE

February 17th

We are looking forward to welcoming the Vancouver Lion Dance group on February 17th which is Lunar New Year. The Lunar New Year holiday marks the first new moon of the lunisolar calendar traditionally used in many East Asian countries including China, Vietnam, Singapore, and South Korea. In these countries and many others, this is one of the most important holidays of the year. **Red** is the most popular colour for Lunar New Year celebrations because of its association with happiness, good fortune, and wealth.



STUDENT LEARNING SURVEY- PARENT FEEDBACK



Each year the Ministry of Education asks grade 4&7 parents, grade 4&7 students, and school staff to complete a learning survey. If you have a child in grade 4 or 7, please take a little time to visit <https://www.awinfosys.com/SurveyFull1/central/main/access.asp> to share your thoughts and ideas. Your opinions will help guide the future of education in BC.

PINK SHIRT DAY

WED, FEB. 25



Wear pink and help everyone work towards anti-bullying. Pink Shirt Day started years ago in Nova Scotia, as the response of high school students to their dismay at a fellow student being bullied just because of the colour of the shirt they were wearing. This day of recognition has grown across Canada and the world as we all work to reduce and eliminate such behaviours. Join us all in wearing **PINK**!



Family Literacy Week: Jan 25th-Feb. 1st

Each January, families, schools, libraries and communities across BC celebrate Family Literacy Week. It's about families learning together through daily activities.

Family Literacy Day is January 27th.

In BC, we celebrate Family Literacy Week January 25 – February 1, 2026.

This year's theme for Family Literacy Day and Family Literacy Week is "Make mealtime family learning time."



Talmey is planning some special activities for Family Literacy Week.

The theme for this year is:

'Make Mealtime Family Learning Time'

Students are invited to join us in the library for two WARM-UP WITH A BOOK events!



When: **Tuesday, January 27 & Friday, January 30**



Time: **8:15 AM**



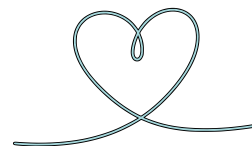
Where: **TALMEY SCHOOL LIBRARY**



What: **Reading & enjoying hot chocolate!**



Family Literacy Week



Make mealtime family learning time



Mealtime can be a valuable learning time when families include shared activities, conversations and mindful eating practices. Cooking together can be a fun and engaging activity that strengthens family bonds and builds literacy skills.

Why do this as a family?

Frequent family meals help children build developmental and social skills. Spending time with your children at the dining table and inviting them to help with meal prep can encourage them to try new things. It is important to expose children to different tastes and textures. This helps build motor skills like stirring, pouring and using utensils, all while enjoying being present and engaged together.

Key Messages:

Mealtime activities can build a range of skills, from language and literacy to healthy eating habits.

- Parents can help their children develop lifelong skills and healthy eating habits.
- Children's literacy skills are developed through daily routine.
- Literacy is part of everyday life.

What can children learn during mealtimes?

Language

- New words and ways to describe food like "bitter", "sour" and "crunchy"
- Oral communication skills as they learn to express likes and dislikes
- Names of new foods
- Following simple instructions

Thinking skills

- Decision making, including what and how much to eat
- Concepts such as size, pattern, sequence, colour, number, taste, texture and sound

Food safety

- Washing hands before and after handling food
- Safe cutting skills

Physical development

- Trying different foods for a balanced diet
- Feeding themselves and preparing food as they build small muscle control and coordination
- Healthy eating habits that support overall physical growth

Social-emotional skills

- Confidence from trying things on their own
- Eating together connects them to other people
- Family traditions and culture

Make mealtime family learning time

Where can I learn more about healthy eating for children?

- **Food Guides and Healthy Eating**, Government of Canada.
- Acosta, J., & Cowie, T. (2010). Recipes. The Westcoast Reader. <https://thewestcoastreader.com/wp-content/uploads/2024/08/BestOfTheReader-Recipes.pdf>
- Ministry of Healthy Living and Sport, & 2010 Legacies Now. (2008). Food Flair: A LEAP BC™ early learning practitioners' resource [Guidebook]. <https://decoda.ca/wp-content/uploads/Food-FLAIR-English-Book-lawres.pdf>
- Root, L., George, S., & Nashkewa, A. (2004). Cooking. Ningwakwe Learning Press.
- Brown, Y. K., British Columbia, Ministry of Education, S. and T., Canada. National Literacy Secretariat, Open Learning Agency, & Heiltsuk College. (1997). Traditional Heiltsuk food. Ministry of Education, Skills and Training, Province of British Columbia.



References

- Government of Canada. (2025). Canada's food guide. <https://food-guide.canada.ca/en/>
- HealthLink BC. (2023, March 1). Healthy eating: Helping your child learn healthy eating habits. <https://www.healthlinkbc.ca/healthwise/healthy-eating-helping-your-child-learn-healthy-eating-habits>
- ZERO TO THREE. (2010, March 5). Healthy from the start: How feeding nurtures your young child's body, heart and mind. <https://www.zerotothree.org/wp-content/uploads/2010/03/healthy-from-the-start-1.pdf>

10 Tips to help your family 'Make mealtime family learning time!'

Here are some tips you can do together to 'Make mealtime family learning time.'

 Make mealtime family learning time	1 Follow a recipe together Pick a recipe to make as a family. Talk about the steps, ingredients, and cooking instructions. Then enjoy your meal together!	2 Write a grocery list Write a grocery list of ingredients needed for your family meal. Practice spelling, organize items by category, and add prices to practice math.
3 Get crafty with food packaging Make crafts together using food packaging such as plastic containers, glass jars, or recycled cardboard.	4 Eat your words Play with your food and write words and messages to your family with alphabet cereal and soup (we like cookie letters too!).	5 Play "What's that word?" Introduce new food words—like "zucchini" or "quinoa"—and look them up together. Talk about where the food comes from and how it's used.
6 Label the kitchen Make removable sticky note labels for everyday items in the kitchen (like "refrigerator," "spoon," "cup"). Write the item name in one or more languages to help learn new words together.	7 Create a family cookbook Collect your family's traditional recipes and make your own family recipe book. Write or type the recipe, include a favourite memory or story, and add your own drawings!	8 Try a cultural food night Pick a country, choose a recipe from there, and make it as a family. Why not learn a few words from the language spoken in that country, too!
9 Explore nutrition labels Pick a few of your family's favourite snacks and compare their nutrition labels. Talk about serving sizes, ingredients, and which items are healthy and why.	10 Kitchen cupboard scavenger hunt Make a list of items to find in your kitchen (such as "something that starts with B" or "a can with tomatoes"). Read labels together and talk about what each item is used for.	

Family recipe time

Cooking together as a family is not only fun and delicious, but it also helps everyone practice their reading, math, and language skills. Try out this recipe with your family today!



Mini naan pizzas

Makes: 4 mini pizzas
Preparation time: 10 minutes
Cooking time: 10 minutes



You'll need:

- large baking sheet
- non-stick cooking spray or parchment paper
- spoon
- 4 small naan breads
- 1 cup of tomato sauce
- 1 cup of shredded mozzarella cheese
- toppings of your choice (pepperoni, bell peppers, mushrooms, olives, pineapple, etc.)
- Optional: fresh basil, parsley, or a drizzle of olive oil for garnish

Let's make pizza!

1. Ask a grown-up to preheat your oven to 400°F.
2. Spray your large baking sheet with non-stick cooking spray, or use parchment paper to cover the baking sheet.
3. Place each naan bread on the baking sheet, leaving some space between them.
4. Use a spoon to spread a layer of tomato sauce on each naan bread.
5. Sprinkle shredded mozzarella cheese over the saucy naan bread.
6. With help from a grown-up, chop your favourite toppings into bite-sized pieces.
7. Add your toppings on top of the cheese. You can make fun faces, shapes, or patterns!
8. Ask a grown-up to place the pizzas in the oven. Bake for 10 minutes, or until the cheese is melted and bubbly.
9. Let the pizzas cool for a few minutes. Then, with a grown-up's help, cut them into slices.
10. Optional: Sprinkle the pizzas with chopped basil, parsley, or a drizzle of olive oil.

Enjoy your delicious, homemade mini naan pizzas!



FROM THE DISTRICT

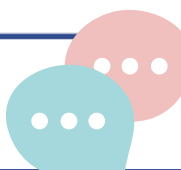
GRADE 7 TRANSITION

We are beginning the high school transition planning process for our Grade 7 students. Parent information evenings have been scheduled at high schools over the next few months. All grade 7 parents and guardians should have received detailed information about the registration process, the transfer process as well as dates for parent information events.

Information from MacNeill Secondary was emailed to Grade 7 families earlier this week.

Grade 7 Parent Information Evenings for 2026/27

School Name	Date
Hugh Boyd Secondary	January 22, 2026, at 6:30 pm
JN Burnett Secondary	February 12, 2026, at 6:30 pm
Cambie Secondary	January 20, 2026, at 6:00 pm
MacNeill Secondary	January 22, 2026, at 6:00 pm
McMath Secondary	February 12, 2026, at 5:30 pm
McRoberts Secondary	January 29, 2026, at 6:00 pm
McNair Secondary	February 12, 2026, at 6:00 pm
Palmer Secondary	February 5, 2026, at 6:30 pm
Richmond Secondary	February 4, 2026, at 6:00 pm
Steveston London Secondary	January 21, 2026, at 6:00 pm
Richmond Virtual School (BL, RAIL)	January 29, 2026, at 7:00 pm at Palmer Secondary School, Room 131



IMPORTANT

Stay Informed with SchoolMessenger Text Alerts (Opt-In)

Our District uses SchoolMessenger to share important school and district updates, including weather closures, emergency notifications, reminders, and time-sensitive announcements.

All families with a current cell phone number in our MyEdBC database will receive a text message from SchoolMessenger (Text #: 978338) in February 2026. To start receiving text alerts, you will need to opt in.

How to opt in:

1. Watch for a text from SchoolMessenger (Text #: 978338).
2. Reply with "Y" to 978338.
3. You will receive a confirmation message letting you know you're successfully subscribed.

Want alerts on more than one device?

To receive text alerts on multiple phones, each phone number must opt in separately by replying "Y" to 978338.



TALMEY PAC

TALMEY PAC MEETING



A reminder that all families are welcome to attend PAC meetings. We will be meeting in the library and childcare is available. Please contact TalmeyPAC@gmail.com if there are any questions regarding PAC matters.

Our next PAC meetings is scheduled for **Wednesday, February 11th at 6:30 pm**



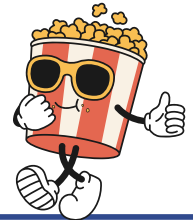
PAC REMINDER

Ordering for Hot Lunch Term 2 is available on the Munch a Lunch site.

- Jan 16, 30
- Feb 6, 20, 37
- March 6, 13



Tuesday, Jan 27th is our next popcorn day! Popcorn is \$1 a bag and will be available for sale in the multi-purpose room at recess.



REMINDERS



Pro-D Day(no school)

Our next Pro-Day is scheduled for **Friday, January 23**.
School will be closed on this day.

LOST & FOUND

We have had quite a variety of 'lost' items gather in our lost and found over this past term. items will be donated after **Thursday, January 22nd**.

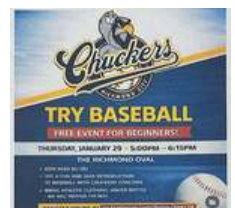


Interested in Richmond City Baseball?

Richmond City Baseball Association (RCBA) is hosting a FREE introductory "Try Baseball" session and we invite your athletes to join us. This session offers an opportunity for kids to explore baseball in a fun and welcoming environment. Participants will rotate through beginner-friendly drills, ask questions, and get a feel for the sport.

Event Details:

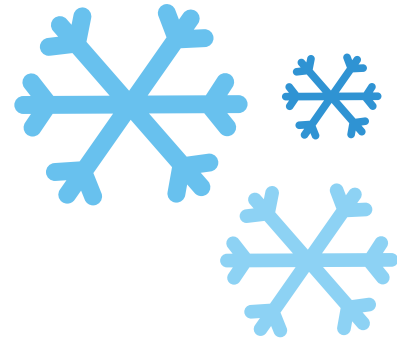
- Date: Thursday, January 29, 2026
- Time: 5:00-6:15 PM (Check-in at 4: 45 PM)
- Location: Richmond Olympic Oval
- Ages: 5U-13U
- Cost: Free
- Experience Required: None-new players welcome!



SAFETY REMINDERS

PARKING LOT SAFETY

The parking gets congested twice a day, and only for a few minutes in the morning and at 2:45pm. However, in consulting with **the RCMP they do remind us all not to double park or block access for cars as you may be dropping or picking up your children.** If there are no parking spaces available, please do not double park! Exit the parking lot and park along the side streets that allow for parking, while abiding by the No Stopping regulations in front of the school, which are being regularly enforced by By-Law Officers and the RCMP. Again, this is for the safety of all members of our learning community. Thank you for your support.



SNOW DAYS



On a snow day, our school will remain open if possible. No announcement will be made saying that schools will be open. Only closures will be announced via the SD38 Twitter & Facebook accounts, school and district websites, and on the radio at CKNW AM 980, News AM 1130, CBC AM 690, Fairchild AM 1470, CHQM FM 103.5. Closures will be announced as early as possible.





TALMEY CALENDAR



R.C. Talmey Elementary School
9500 Kilby Drive, Richmond, BC V6X 3N1
604-668-6275 | talmey.sd38.bc.ca

SCHOOL CALENDAR 2025-2026

Monday, January 5	School Reopens after Winter Break
Friday, January 23	Professional Development Day (no school)
Thursday, February 12	Early Dismissal @ 11:50 am- Learning Update #3/Conferences
Friday, February 13	Professional Development Day (no school)
Monday, February 16	BC Family Day (no school)
Friday, March 13	Last day of School before Spring Break
March 16 - 27	Spring Break (no school)
Monday, March 30	School Reopens after Spring Break
Friday, April 3	Good Friday (no school)
Monday, April 6	Easter Monday (no school)
Thursday, April 23	Learning Update #4/ Written Updates get Published
Tuesday, April 28	Spring Immunization
Friday, May 15	Professional Development Day (no school)
Monday, May 18	Victoria Day (no school)
Thursday, June 25	Last Day of School for Students
Thursday, June 25	Learning Update #5/ Written Updates get Published
Friday, June 26	Admin Day

