

#### **R.C. TALMEY ELEMENTARY SCHOOL**

9500 Kilby Drive, Richmond, BC V6X 3N2 Tel: 604-668-6275 Fax 604-668-6173 http://talmey.sd38.bc.ca Principal: Mr. Al Zarchikoff

Area Superintendent: Ms. Christel Brautigam

We acknowledge and thank the First Peoples of the hangaminam language group on whose traditional and unceded territories we teach, learn and live.

## Hello Talmey Families!

We hope you are staying healthy and happy in the first month of 2022!

It has been a good start to the new year! The school continues to grow with new students joining the Talmey Learning Community. We also welcomed new members of the staff: Ms. Hur who is teaching Division 8 until Ms. Hau's return; Ms. Bach and Ms. Rauda who are combining to cover Ms. Kotsovolos' ELL/LA/LRT position until spring break.

Each day we get a little bit more sunshine, but please remember that the children need to come to school prepared to go outside every recess and lunch regardless of the weather.

Attached to this newsletter is the newest updated Daily Health Check information that has been provided by Vancouver Coastal Health. It has explicit advice as to when to isolate and current procedures to follow. We will continue to share updates as they are provided by Vancouver Coastal Health.

It is greatly appreciated by everyone that when an adult or child is not feeling well that they stay home as per the guidelines. Children can be feeling fine in the morning as they enter the class, but only a short time later can start feeling unwell. At that point they will need to go home until they no longer present any symptoms.



### **School Calendar reminders:**

- Monday, January 31 is a Professional Development Day and students will
  not attend as staff are engaged in activities to enhance their instructional
  practices for their students benefit.
- Thursday, February 17<sup>th</sup> is an early dismissal day for all students to facilitate conferences with parents. Students will be <u>dismissed at 12:00 noon</u> and teachers will be setting schedules for virtual parent meetings for that day.
- *Friday, February 18<sup>th</sup>* is Professional Development Day and students will not attend as staff are engaged in activities to enhance their instructional practices for their students benefit.
- *Monday, February 21<sup>st</sup>* is Family Day and school is not in session on this holiday.
- Wednesday, February 23<sup>rd</sup> Pink Shirt Day Wear pink and help everyone work towards anti-bullying. Bullying has evolved over time and now encompasses numerous social media posts as well as actual face to face events. The District's Code of Conduct is the foundation for our work in dealing with this important topic. Pink Shirt Day started years ago in Nova Scotia, as the response of high school students to their dismay at a fellow student being bullied just because of the colour of the shirt they were wearing. This day of recognition has grown across Canada and the world as we all work to reduce and eliminate such behaviours. Join us all in wearing PINK!

Communicating Student Learning Mid-Year portfolio documents will be sent out to parents from **January 28**<sup>th</sup> – **February 4**<sup>th</sup> for the 11 classes utilizing this method of assessment. The other two classes utilizing the traditional MyEducationBC paper reporting, those reports will be sent home with the students in March before Spring Break.



# **Upcoming Zoom Session for Parents:**

## Thursday, February 17<sup>th</sup> - 6:30 PM - 8:00 PM

Saleema Noon Virtual Parent Information session: SPONSORED BY THE TALMEY PAC

Body Science Boot Camp for Parents. In-school student sessions will take place on February 23 & 24. Further information about these important curricular sessions will be sent next week. We are fortunate to be able to provide this presentation with the support of the Talmey PAC. Saleema Noon has presented at the school many times in the past in support of the curriculum.

Parenthood never arrives with a rulebook, and when it comes to explaining the world of sexual health to your child, it can be hard not to end up a bright shade of red. Using humor and straight talk in an open, interactive environment, Saleema Noon Sexual Health Educators will show you how easy it is to convey healthy, positive messages about sexual health to kids.

In this workshop **parents** will learn:

- Why we need to talk to children about sexual health at a young age
- How to reduce risk of child sexual abuse
- What children should know at each stage of development, with specific examples of how to explain concepts and processes
- How to become their kids' preferred source of sexual health information
- How to normalize open, honest sexual health conversations in their family
- How to effectively answer even the toughest questions kids ask
- What will be covered in Body Science workshops for students

Join us via live Zoom!

When: Parent Information session Thursday Feb 17th at 6:30pm-8pm with Brandy via zoom. This session will not be recorded for privacy reasons

Join Zoom Meeting

https://us02web.zoom.us/j/88105577187?pwd=bHBYQnF6WDVtZW9xNi9vMHhUaVJOUT09

Meeting ID: 881 0557 7187

Passcode: 382036





**About Lunar New Year: February 1, 2022.** 

We wish all our Talmey Learning Community members a Happy Lunar New Year! The Lunar New Year is a holiday that marks the first new moon of the lunisolar calendar traditionally used in many East Asian countries including China, Vietnam, Singapore, and South Korea. In these countries and many others, this is one of the most important holidays of the year. Red is the most popular colour for Lunar New Year celebrations because of its association with happiness, good fortune, and wealth.

### **School Reminders:**

If your child(ren) will be away from school, please email or call the office to advise us of their absence.

Talmey phone: 604-668-6275
Talmey email: talmey@sd38.bc.ca

## Spring Break:

March 14 – March 26, 2022

School will re-open on Monday, March 28th

Sincerely, Al Zarchikoff Principal



### COVID-19 Symptoms, Testing & Return to School

#### Students or staff members experiencing symptoms Go to an emergency are to stay home and seek guidance department (using the K-12 Health Check, BCCDC Self-Assessment Tool, or call 911 if you: 8-1-1 or your health care provider) Symptoms of COVID-19 include: find it hard to breathe Fever or chills have chest pain Headache Sore throat Cough can't drink anything Body aches Loss of appetite Loss of sense of smell or taste Runny nose Nausea or vomiting feel very sick Difficulty breathing Diarrhea feel confused Sneezing Extreme fatigue or tiredness If you TEST POSITIVE If you have MILD SYMPTOMS (or have mild symptoms and tested negative) SELF-ISOLATE STAY HOME Complete an online form to report your test result For most people, testing is not recommended. Manage your own symptoms Mild symptoms are symptoms that can be 3. Let your household contacts know managed at home. If you are fully vaccinated If you are 18 years of age Return to School/ Work or older AND not fully OR less than vaccinated Stay home until you feel well enough 18 years of age to return to your regular activities. You can end isolation and return You can end isolation and return to school/work when all three of to school/work when all three of these conditions are met: these conditions are met: 1. At least 5 days have 1. At least 10 days have passed since your passed since your symptoms started, or from symptoms started, or from test date if you did not have test date if you did not have symptoms. symptoms. 2. Fever has resolved without 2. Fever has resolved without the use of fever-reducing the use of fever-reducing medication, such as medication, such as acetaminophen or acetaminophen or ibuprofen. ibuprofen. 3. Symptoms have improved. 3. Symptoms have improved. You should avoid non-essential visits to higher risk settings such as long-term care facilities and gatherings for another 5 days after ending isolation. If you still have symptoms Continue to isolate longer if you have a fever or are not feeling better. If you are unsure or concerned, connect with your health care provider, call 8-1-1, or go to an Urgent and Primary Care Centre to be assessed.

#### **Close Contacts**

Household contacts should continue to self-monitor for symptoms and stay home if they get sick. All school students and staff members should regularly self-monitor for symptoms as usual as per the Daily Health Check. Those who develop symptoms should stay home. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: <a href="Getvaccinated.gov.bc.ca">Getvaccinated.gov.bc.ca</a>

#### Information for Travelers

If you are a traveler returning from outside Canada and test positive for COVID-19, you need to follow the quarantine requirements set by the Federal government. Visit the Government of Canada website for more information: <a href="mailto:travel.gc.ca/travel-covid">travel.gc.ca/travel-covid</a>

Updated Jan 20, 2022, 6:00 pm



